

PMAC: Session 2.1 30 January 2026

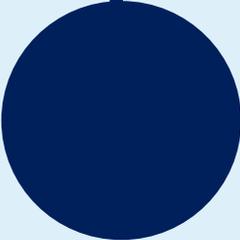
# Navigating Demographic Transitions: Impacts and Implications for Human Resources for Health

Speakers: Muthoni Karanja, Bootsakorn Loharjun, REN Minghui, Kenneth Ronquillo

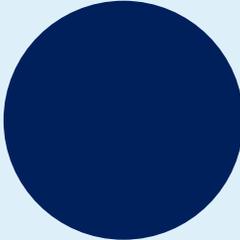
Moderator: Ritu Sadana

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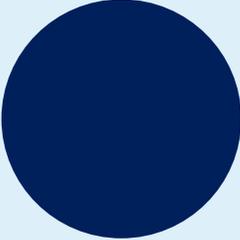
Introduction



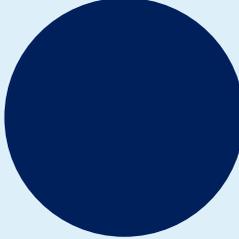
Country Insights



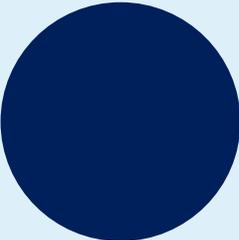
Collaborative  
approaches



International  
Code



Q&A



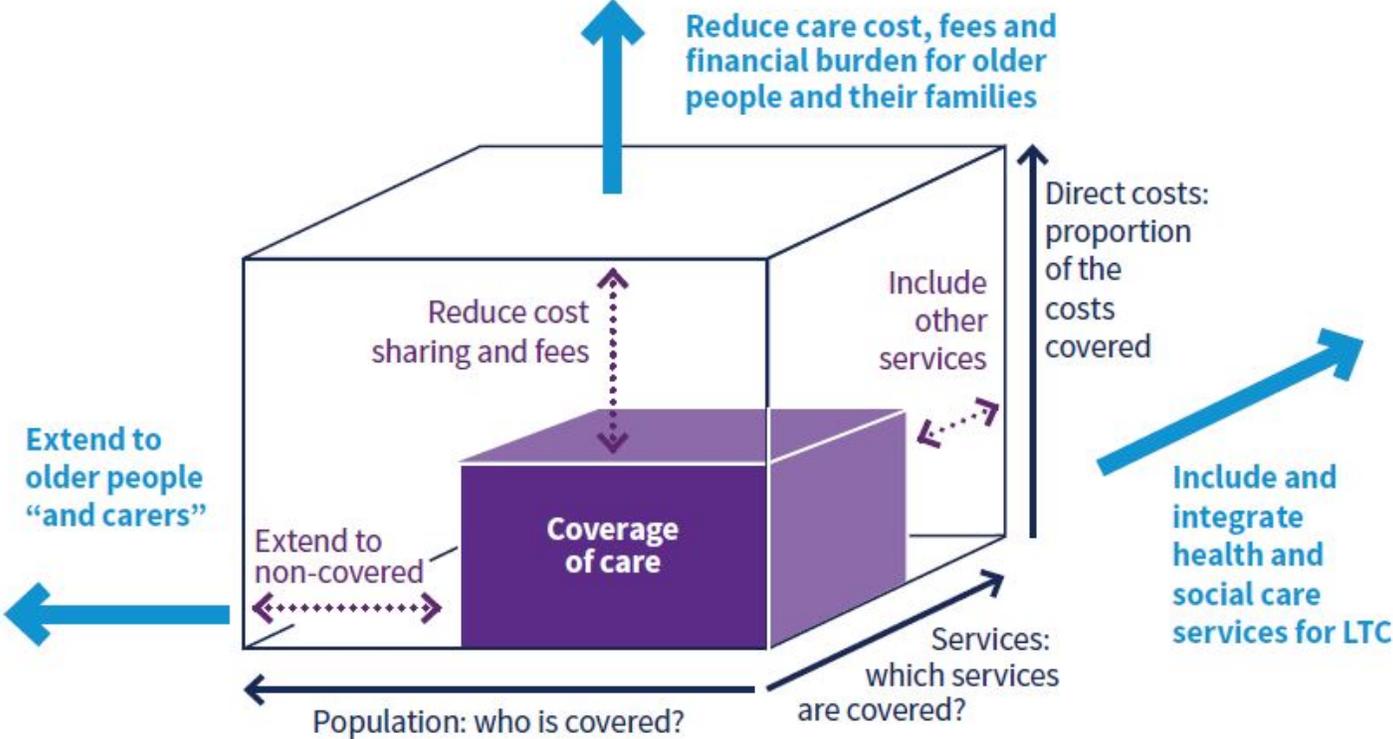
# Global Population Ageing Context

- In 2020, at least 142 million older persons globally were unable to meet their basic needs; only 25% of countries had collected some comparable information from older persons.
- More than 80% of the global COVID-19–related deaths between 2020 and 2021 occurred among people aged 60 years or older.
- Practicing geriatricians range < 1 to > 30 per 100,000 persons aged 60 years and older, highlighting cross-country disparities and severe shortages, particularly in LMICs.
- About 65% of older people will probably need care and support from others to perform activities of daily living.
- Unpaid, informal care accounts for 80% of all long-term care provided in Europe while formal care services account for the remaining 20%.
- Globally, only 16% of low-income countries provide support for unpaid, informal carers.

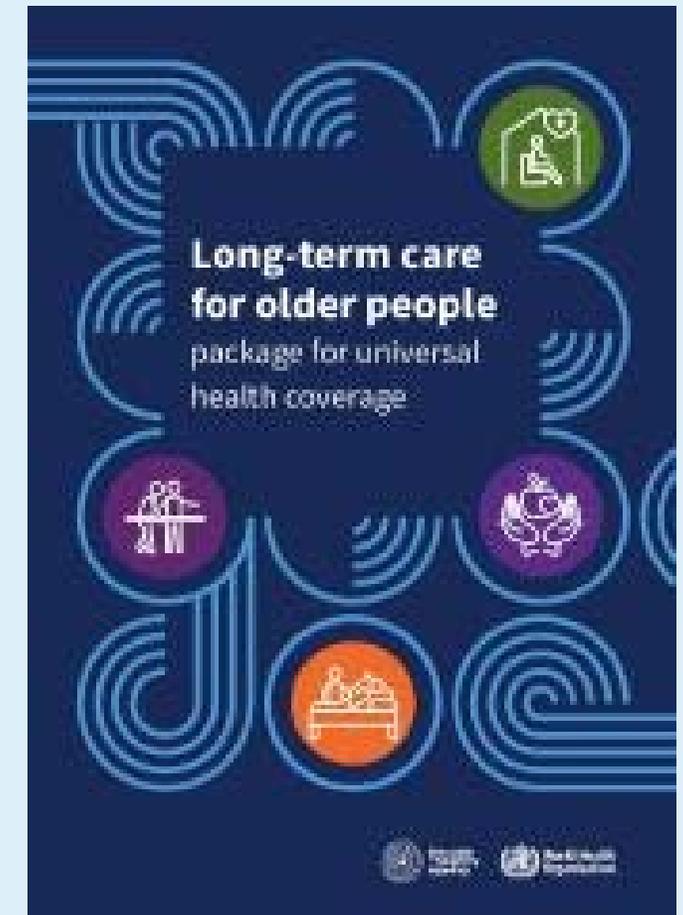
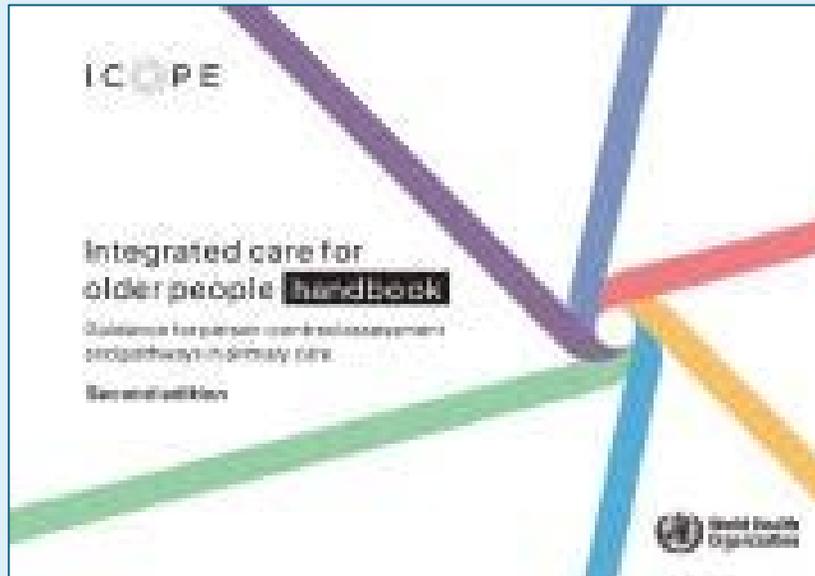


# Continuum of care: Integrated care and Long-term care – as part of UHC and beyond

- \* needed to meet health and social care needs of individuals
- \* includes promotion and a diverse continuum of integrated services beyond basic needs
- \* should respect each person’s rights, values, preferences, dignity and independence
- \* requires enabling coordination and information sharing embedded in primary care
- \* LTC not just institutional or residential care, and should be primarily provided in homes and communities
- \* Carers (informal, unpaid, family) need to be considered partners and companions



# Normative guidance to support health & care systems strengthening

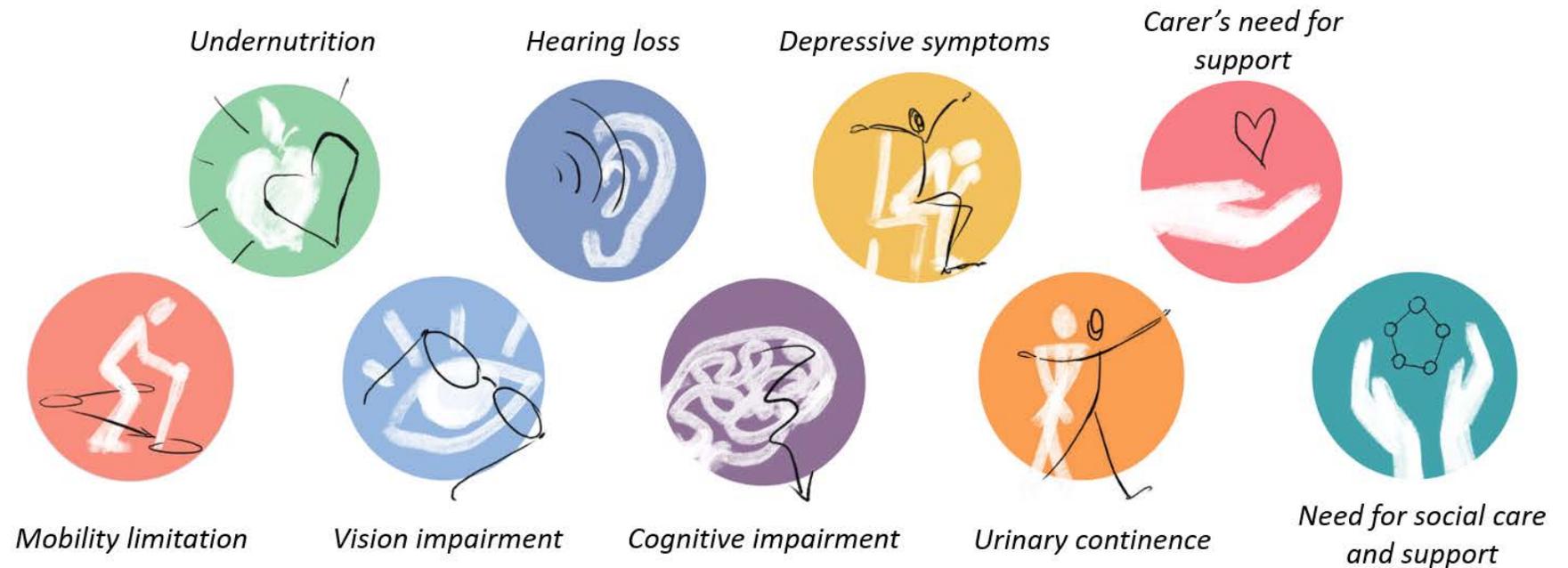


- Integrated Care for Older People (ICOPE) [Handbook](#) to support care in community and primary care settings (2024)
- [Global framework](#) for countries to implement long-term care
- [UHC package](#) of long-term care interventions

# Continuum of Care – in practice what is it?

First component: Integrated care, person centered care for older people (ICOPE)

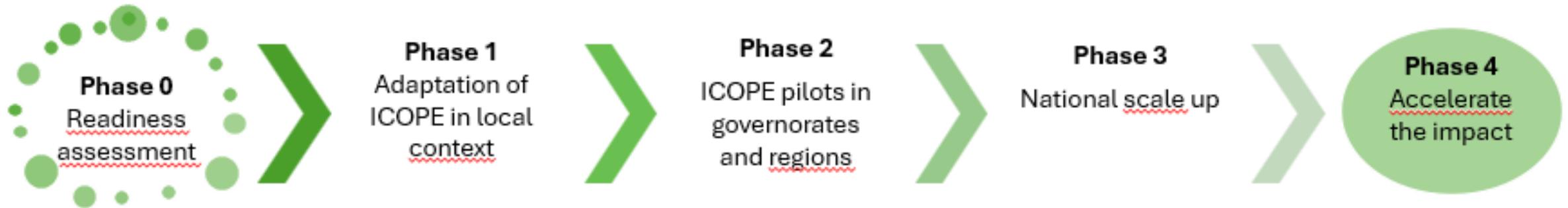
- practical care pathways for primary care and in communities, to be adapted to each local context address:



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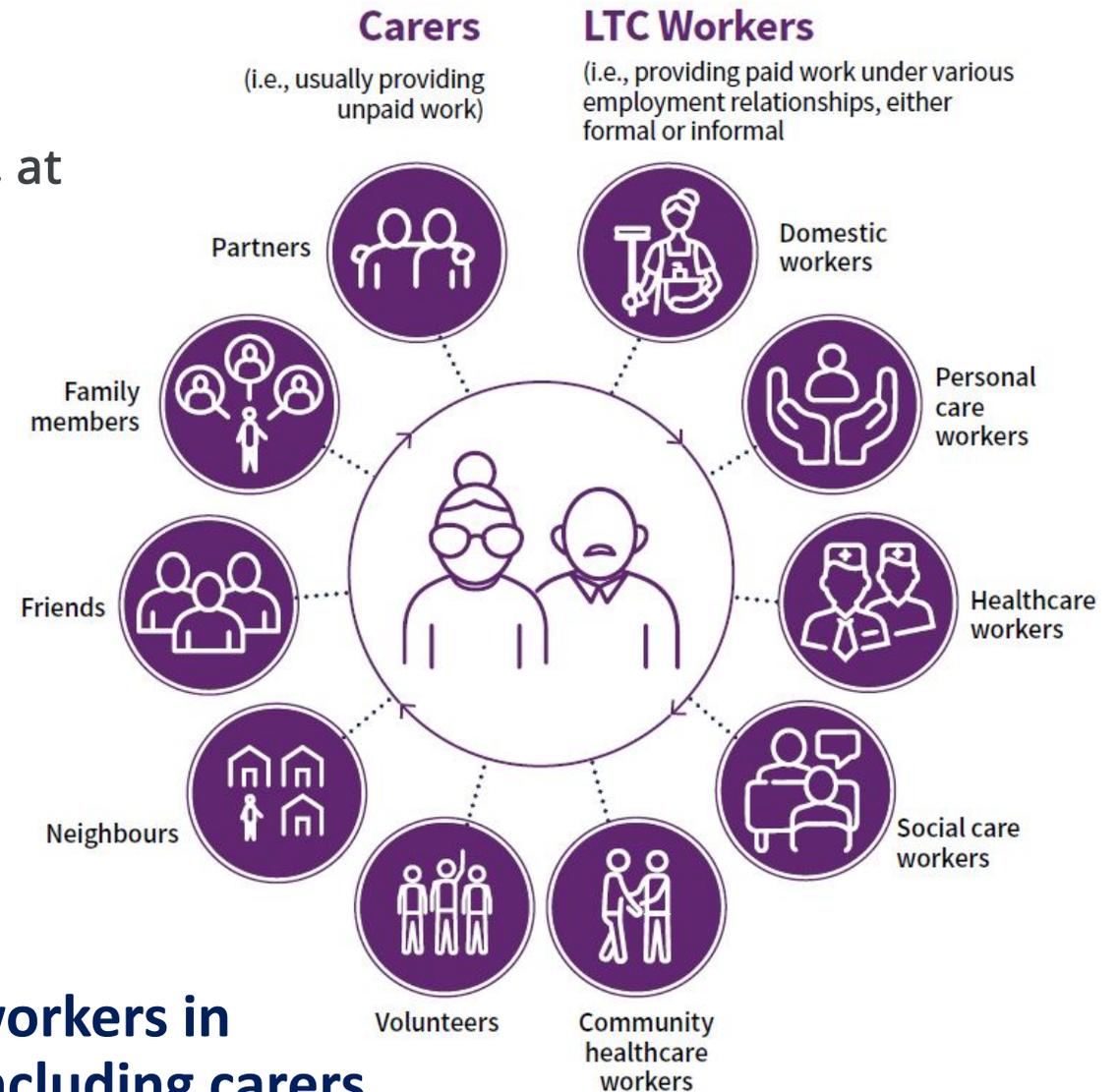
# Continuum of Care – in practice how to strengthen systems?

## Steps to evaluate and scale up ICOPE



# Continuum of Care – in practice how to strengthen the range of actors involved?

Second component: Strengthening Long Term Care, at home, in communities and in facilities



**Health and care workers in Long Term care, including carers**

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# Continuum of Care – implications for health work force

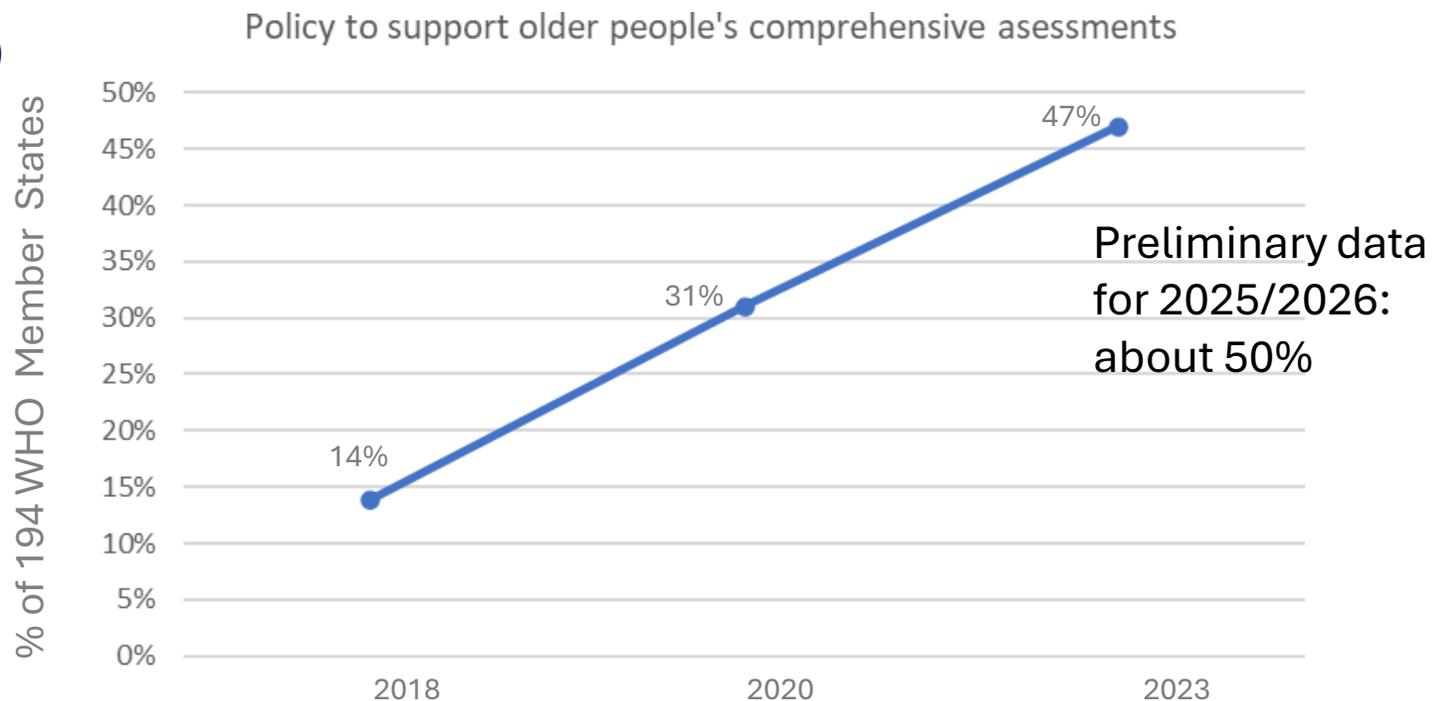
- **Building capacity of health and care workers** on how to deliver person-centred, integrated care, across the continuum of care including long term care, to older persons
- **Technical guidance for quality of care** for older people (focusing on age-friendly primary health care) informed by **engagement of older persons** and documentation of their needs and expectations
- Support developing, integration, financing and delivery of **essential UHC package for older people**
- Support development of models of integrated care for older people that are adapted and implemented in local contexts, **benefiting from existing human and infrastructural resources**

# UN Decade of Healthy Ageing Action Area: Integrated Care for older people

**Key Indicator:** Number of countries with national policies in place to support comprehensive assessments of the health and social care needs of older people

## Global Progress (2018, 2020, 2023)

**2023: 61 countries responding do not know or not reporting**



Resources to implement **Action Area 3 (2023)**  
Of those who reported, **36.4 % of countries responded no or very limited resources**

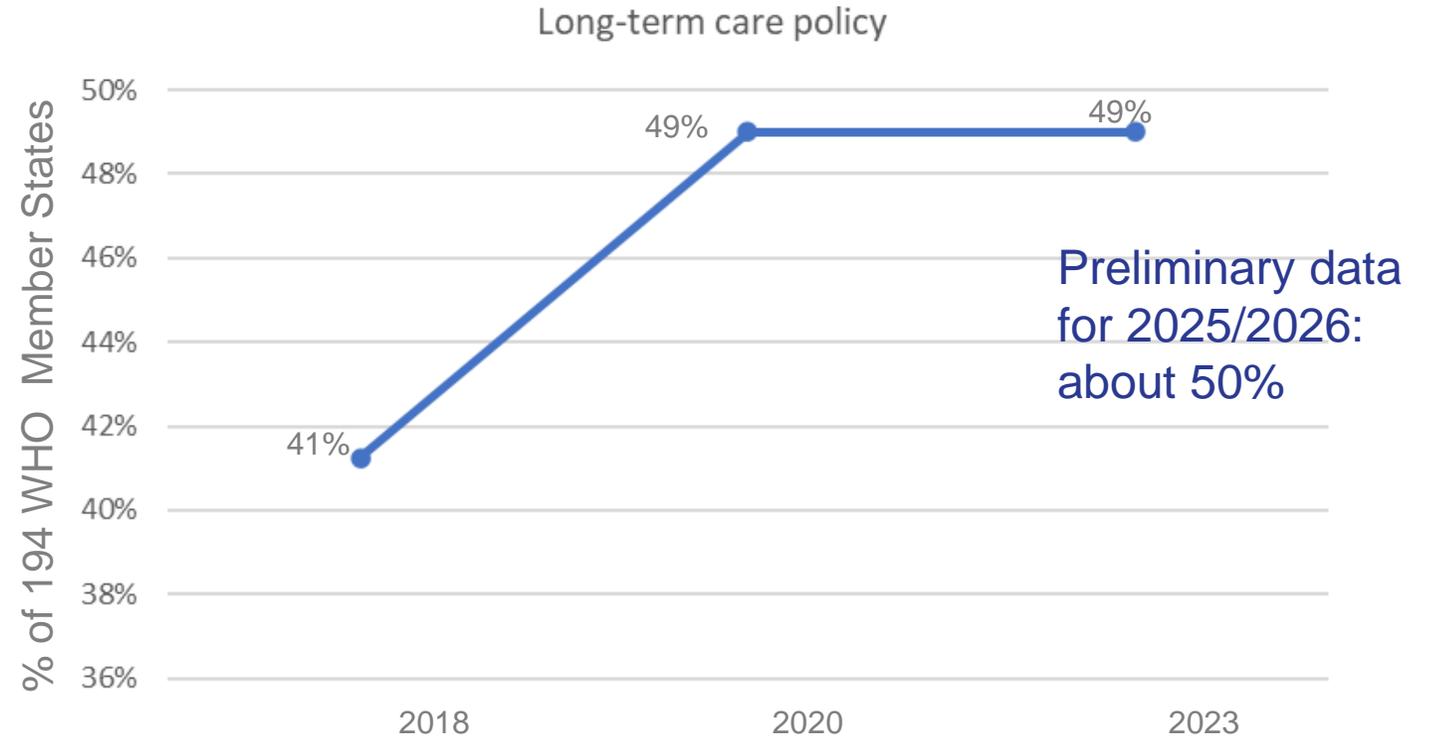


# UN Decade of Healthy Ageing Action Area : Long-term Care

**Key Indicator:** Number of countries with a national policy on long-term care, including homes, communities and institutions when needed

## Global Progress (2018, 2020, 2023)

**2023: 61 countries** responding do not know or not reporting

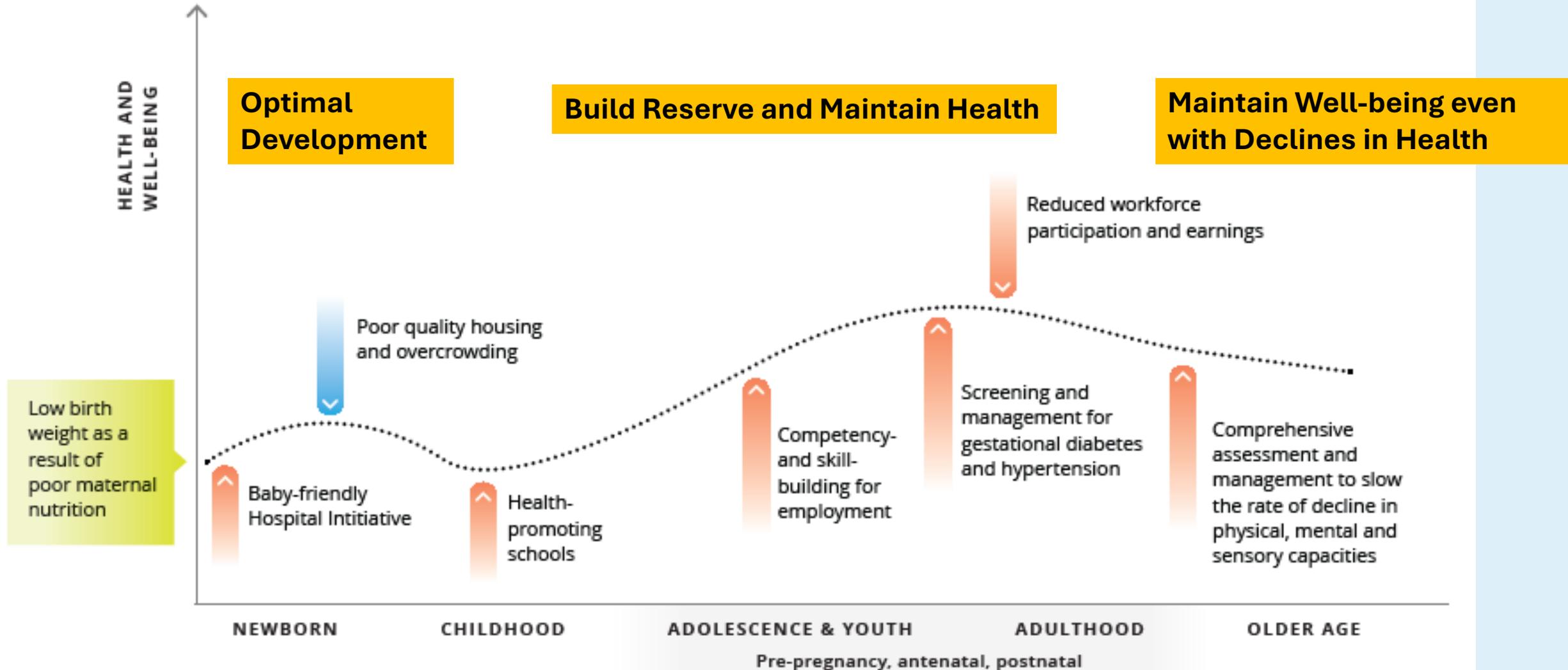


## Resources to implement Action Area 4 (2023)

Of those who reported, **35.4% of countries responded no or very limited resources**



# Life course approach





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**Care giver**  
**Home and Community-Based Care**  
**Ladsawai Municipality, Thailand**

- **post retirement volunteer with stipend**
- **70 hours pre-service training**
- **in process, 240 hours in service training**